



**17th ANNUAL
BROOKFIELD LIONS
STRIDES TO CURE DIABETES 5-MILER**
[Certified: USATF CT09003JHP]

SUNDAY, JUNE 2, 2024 at 9:00 a.m.
CADIGAN PARK, CANDLEWOOD LAKE ROAD
BROOKFIELD, CT 06804

The Brookfield Lions Club is proud to once again sponsor this event to promote diabetes awareness and research. Bring the whole family to participate in this flat, fast and scenic 5-mile run, and generously support this charitable fundraising event.

CONTACT INFORMATION: Reach out to the Race Director at brookfieldlionsct@gmail.com

DIGITAL TIMING/RESULTS: Greystone Electronics Corporation. Download a race form at: www.greystoneracing.net

REGISTER ONLINE: <https://runsignup.com/Race/CT/Brookfield/BrookfieldLionsJDRFStridestoCureDiabetes5Miler>

REGISTRATION: \$25.00 (postmarked before May 11, 2024); \$30.00 (after May 11, 2024 through race day). Register online through RunSignUp, or mail in a race form – download at www.greystoneracing.net. **You may register in person on race day starting at 8:15 a.m.**

FUNDRAISING CHALLENGE: Go the extra mile and become a **Friend of the Brookfield Lions!** Individual runners who donate \$100.00 or more or this charitable event will have their entry fee refunded!

SPECIAL RACE FEATURES: Chip-timed event; Commemorative technical t-shirts for the first 100 registered runners; Post-race raffle (must be present to win); Lots of great food, music and plenty of free parking.

COURSE RECORDS: William Sanders 25:01 (2011)
Olivia Beltrani 29:47 (2022)

RUNNER AGE BRACKETS: 14 and under 30-39 60-69
15-19 40-49 70 and over
20-29 50-59

RUNNER AWARDS: \$100.00 Cash awards for 1st Place Overall (M/F)
\$50.00 Cash awards for 1st Place 40 and Over (M/F)
Age Bracket medals for 1st, 2nd and 3rd Place (M/F)

SPECIAL AWARD OF \$100.00 TO OVERALL WINNER (M/F) FOR BREAKING THE COURSE RECORD!!

COURSE: This 5-mile **certified** course starts at Cadigan Park, heading south on Candlewood Lake Road; Turn right on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Twilight Lane; Turn right on Candlewood Shores Road; Turn left on Bayview Drive; Turn left on Kellogg Street; Turnaround at Hickory Hill Road staying on Kellogg Street; Turn right on Bayview Drive; Turn left on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Candlewood Shores Road; Turn left on Candlewood Lake Road; Turn right into Cadigan Park to Finish. Mile markers and water stations on the course.

DIRECTIONS: Take I-84 to Exit 7 (toward Brookfield/New Milford); Take Exit 11 (Federal Road); At traffic light at bottom of exit, turn left; Proceed straight through 2 sets of traffic lights, onto Candlewood Lake Road; Follow Candlewood Lake Road for @ 3.5 miles; Cadigan Park is on the right.

****REGISTRATION FORM ON REVERSE****

PRINT ALL REQUIRED INFORMATION CLEARLY!!

REGISTRATION FORM

PROCEEDS FROM THIS EVENT WILL BE DONATED TO THE JUVENILE DIABETES RESEARCH FOUNDATION AND TO THE CONNECTICUT LIONS EYE RESEARCH FOUNDATION (501(c)(3) CHARITABLE ORGANIZATIONS).

Make all checks payable to: "Brookfield Lions Charities, Inc." (\$25.00 before 05/11/24; \$30.00 after 05/11/24)

Mail fee with completed and signed entry form(s) to: Race Director, Brookfield Lions Club, P. O. Box 660, Brookfield, CT 06804

This event is held in cooperation with the Town of Brookfield, the Brookfield Police Department, the Candlewood Shores Tax District and Greystone Electronics Corporation. If my entry is accepted, I release forever all rights for claims and damages I may incur against the Brookfield Lions Club, Inc. (and any of its members), Brookfield Lions Charities, Inc., the Town of Brookfield and any of its employees, the Candlewood Shores Tax District, Scalzo Property Management, RunSignUp, Inc., and Greystone Electronics Corporation for damages suffered by me or others traveling to and from and/or participating in the 17th Annual Strides to Cure Diabetes 5-Miler. Permission is granted to use my name, picture, or videotape or recording for any purpose. I am physically fit and have trained to finish this distance.

Email Address: _____

Name: _____ Date of Birth: _____ Age on Race Day: _____

Street Address: _____ City: _____ State: _____ Zip Code: _____

Telephone Number: _____ Sex: _____ M _____ F Shirt Size (S, M, L or XL): _____

Signature: _____ Date: _____ Amount Enclosed: _____
(Of parent or legal guardian if under 18)

(DETACH HERE, AND MAIL IN REGISTRATION FORM)

The 17th Annual Strides to Cure Diabetes 5-Miler is the third event in the Brookfield "Four Seasons Challenge Series." The entire 2024 race calendar includes:

January 1, 2024
(Monday) 37th Annual New Year's Day Brookfield Lions Run for Sight 4-Miler
Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT
11:00 a.m. Start
Contact: Race Director at brookfieldlionsct@gmail.com

May 12, 2024
(Sunday) 27th Annual Mother's Day/WeCare 5-K
Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT
9:00 a.m. Start
Contact: Brookfield Parks & Recreation – (203) 775-7310, or www.brookfieldct.gov/rec

June 2, 2024
(Sunday) 17th Annual Brookfield Lions Strides to Cure Diabetes 5-Miler
Certified Course: (USATF CT09003JHP)
Cadigan Park, Candlewood Lake Road, Brookfield, CT
9:00 a.m. Start
Contact: Race Director at brookfieldlionsct@gmail.com

October 27, 2024
(Sunday) 32nd Annual 5-K Halloween Run
Certified Course: (USATF CT06013JHP)
Brookfield Municipal Center, Pocono Road, Brookfield, CT
10:00 a.m. Start
Contact: Brookfield Parks & Recreation – (203) 775-7310, or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2024 Halloween Run.

SPONSORSHIP OPPORTUNITIES: If your business would like to join the many others in the community who support this race with a donation, please contact the Race Director at brookfieldlionsct@gmail.com. All sponsors donating cash or prizes valued at \$100 or more can have their business name/logo printed on all runners' t-shirts. Sponsor deadline: May 11, 2024.