

Come join us for the 18th Annual



# Shoreline Biathlon

Proceeds benefit The Chariho-Westerly Animal Rescue League

When: Sunday, September 13, 2009 at 11:00 am (**Completion Time Limited to 2 Hours**)  
Where: Westerly Town Beach Pavilion - Atlantic Avenue, Misquamicut, Westerly RI  
Distance: 5-mile run and 16-mile bike ride (a double 8-mile loop)  
Entry Fee: Individual \$35.00 (pre-registered postmarked by September 5, 2009)  
\$45.00 (After September 5, 2009)  
Team \$45.00 (pre-registered postmarked by September 5, 2009)  
\$55.00 (After September 5, 2009)

T-shirts: Limited to the first 150 applicants so register early!!!  
Post Race: Refreshments and awards ceremony at the Westerly Town Beach Pavilion located at the finish line.  
Rooms available, call the Greater Westerly-Pawcatuck Chamber of Commerce at 401-596-7761

Awards: Top three in Male/Female age groups  
Categories: 1st place team in Male, Female and Mixed

**SAFETY: HELMETS REQUIRED!!!! NO EXCEPTIONS!!!!**

Due to the uncertainty of weather conditions, the race committee reserves the right to alter the race to ensure safety of the participants.

Information: cwarl@aol.com or visit [www.cwarl.org](http://www.cwarl.org) 401-596-2090

**From Points North:** Take I95 S to exit 1 for RI-3 S toward Westerly. Merge onto Main St/RI-3. Continue to follow RI-3 4.5 mi. Turn left to merge onto RI-78 E/Westerly Bypass 2.6 mi. Continue on Airport Rd 1.2 mi. Turn left at Winnapaug Rd 1.6 mi. Turn left at Atlantic Ave 0.7 mi. Continue to 365 Atlantic Ave Westerly, RI

**From Points South:** Take I95 N to exit 91 to merge onto CT-234/Pequot Trail toward Stonington Borough/No. Main St 3.7 mi. Slight left at W Broad St/US-1 Entering Rhode Island 0.6 mi. Turn right at Main St/RI-1A S 0.6 mi Turn left at Beach St/RI-1A. Continue to follow RI-1A 2.0 mi. Turn left at Winnapaug Rd 0.2 mi. Turn right to stay on Winnapaug Rd 1.6 mi. Turn left at Atlantic Ave 0.7 mi.

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**INDIVIDUAL:** Male \_\_\_ Female \_\_\_  
Teen (13-19) \_\_\_ Open (20-29) \_\_\_ Submaster (30-39) \_\_\_ Master (40-49) \_\_\_  
Grandmaster (50-59) \_\_\_ Seniors (60-69) \_\_\_ Veteran (70+) \_\_\_

**RELAY TEAM:** Male \_\_\_ Female \_\_\_ Mixed \_\_\_  
Runner \_\_\_ Cyclist \_\_\_(each member must fill out a separate entry form and submit both together)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_- Emergency Name and Phone # (\_\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_-

Email: \_\_\_\_\_ Age as of 9-13-2009: \_\_\_\_\_(MINIMUM AGE 13)

T-shirt size: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

**Waiver:** (must be signed) I hereby release Chariho Westerly Animal Rescue League, Inc., Shoreline Biathlon Committee, League Members and Volunteers, the Town of Westerly and any other organization/persons connected with the Shoreline Biathlon event from any claim of damage or injury from my participation in or traveling to or from the event on Sunday, September 13, 2009.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_  
(parent or guardian if under 18.)

Make checks payable to: Chariho-Westerly Animal Rescue League  
Mailed to: Shoreline Biathlon; c/o C.W.A.R.L.; PO BOX 1237; Westerly RI 02891  
Official use R# \_\_\_\_\_ C# \_\_\_\_\_