



28th ANNUAL

POLAR

BEAR

RUN

COURSE

One 7.6 Mile loop around Lake Waramaug. The loop is mostly flat and is run counter clockwise around the lake. Start and Finish are at the Country Club.

TIMING

C.C. computerized timing is the latest revolution in electronic chip timing. Each individual will receive a chip that will be worn around the ankle. CHIPS will be collected at the finish line. Please do not leave WITHOUT returning your chip. Individual's who do not return their CHIP will be charged a replacement fee of \$35.00.

CAR POOL

Parking is very limited and only in designated areas on Golf Links Road. Please car pool to ensure that everyone has easy access. Single Occupants may be directed 1/2 mile from the start.

WEATHER

If unfavorable winter conditions are forecasted please call... (860) 355-0864 or log onto our website at www.roadntracksports.com.

SNOW DATE for the race is Sunday, March 4, 2012.

DIRECTIONS

From Rt. 202 in New Preston, take Rt. 45 North along Lake Waramaug. Turn left on to North Shore Road. Travel 2.5 miles to the Lake Waramaug Country Club. Turn Right onto Golf Links Road at the tennis courts.

Sunday February 26, 2012

11:00 AM SHARP

**Lake Waramaug Country Club
New Preston, CT 06777**

ENTRY FEE

Pre-Entry: \$16.00 (Postmarked before December 31, 2011)

Pre-Entry: \$18.00 (Postmarked January 1, 2012 to Race Day)

Post-Registration: \$22.00 from 9:00-10:30AM on Race Day.

MAIL-IN REGISTRATION

Download, complete registration form and mail with registration fee to: Wallie Jahn, 338 Wellsville Avenue, New Milford, CT 06776-2327

AWARDS

Cash awards to the top overall male and female finishers.

\$100, \$75, \$50

There is a \$100 Cash Award for a new course record.

Age group awards will be given to the top three in each of the following categories: 18 & Under, 19-29, 30-39, 40-49, 50-59, 60-69, 70 +

ADDITIONAL INFORMATION

Please contact David Dunleavy at (860) 927-1332 or e-mail dunleavyrun@aol.com

ADDITIONAL REGISTRATION FORMS: ROADNTRACKSPORTS.COM

In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors, and administrators, waive and release any and all rights and claims for damages that I may have against Road & Track Sports, The Lake Waramaug Country Club, and any and all associate parties and sponsors, for any and all injuries suffered by me at this event. I attest and verify that I am physically fit and sufficiently trained to participate in this mid winter 7.6 miles race. Further, I hereby grant permission to any and all of the foregoing to use my photographs, videotapes, or any other record of this event without compensation. [YOU CAN USE ADOBE READER TO COMPLETE THE FORM.]

Last Name: First Name:

Address:

City: State: Zip:

Phone: Age On Race Day: Sex: Male Female

REGISTRATION FEE

\$16 (Before 12/31/11) \$18 (01/01/12-) \$22 (Day Of Race)

T-Shirt Size: S M L XL

T-Shirts not available with registrations received after February 16, 2012.

Signature: _____
(Parent if under 18. Unsigned applications will be returned.)

Champion Chip #



MAIL ENTRY: Wallie Jahn • 338 Wellsville Ave • New Milford, Ct 06776-2327

For additional information contact: David Dunleavy at (860) 927-1332 or e-mail dunleavyrun@aol.com.