



**7TH ANNUAL
BROOKFIELD LIONS ~ JDRF
STRIDES TO CURE DIABETES 5-MILE RUN AND 3-MILE WALK**

"DEDICATED TO FINDING A CURE"

**SUNDAY, JUNE 9, 2013 AT 9:00 A.M.
CADIGAN PARK, CANDLEWOOD LAKE ROAD, BROOKFIELD, CT 06804**

THE BROOKFIELD LIONS CLUB AND THE JUVENILE DIABETES RESEARCH FOUNDATION (FAIRFIELD COUNTY CHAPTER) ARE PROUD TO CO-SPONSOR THIS EVENT TO PROMOTE DIABETES AWARENESS AND RESEARCH. BRING THE WHOLE FAMILY, PARTICIPATE IN BOTH THE 5-MILE RUN AND 3-MILE WALK, AND GENEROUSLY SUPPORT THIS CHARITABLE FUNDRAISING EVENT.

CONTACT INFORMATION: (203) 775-6190; LYONPRIDE@CHARTER.NET

REGISTER ONLINE: WWW.ACTIVE.COM (AFTER APRIL 1, 2013); ADDITIONAL RUN/WALK FORMS AT WWW.GREYSTONERACING.NET.

REGISTRATION: RUNNERS - \$20.00 (POSTMARKED BEFORE JUNE 1, 2013); \$25.00 (AFTER JUNE 1, 2013 THROUGH RACE DAY).

WALKERS - IN LIEU OF A REGISTRATION FEE, FORM A WALK TEAM AND RAISE A MINIMUM OF \$100.00 FOR DIABETES RESEARCH; ALL DONATIONS SHOULD BE COLLECTED PRIOR TO THE WALK AND TURNED IN AT REGISTRATION; STROLLERS WELCOME, BUT NO PETS, PLEASE! COMMEMORATIVE T-SHIRT FOR TEAM CAPTAIN!

REGISTRATION AND CHECK-IN FOR THE RUN AND THE WALK OPENS AT 8:00 A.M.

FEATURES: CERTIFIED COURSE: USATF CT09003JHP; COMMEMORATIVE T-SHIRTS FOR THE FIRST 100 REGISTERED RUNNERS; POST-RACE RAFFLE OF MERCHANDISE (MUST BE PRESENT TO WIN); LOTS OF GREAT FOOD AND MUSIC; PLENTY OF FREE PARKING.

**COURSE RECORDS: WILLIAM SANDERS 25:01 (2011)
SARA BELLES 31:23 (2009)**

RUNNER AGE BRACKETS:

14 AND UNDER	30-39	60-69
15-19	40-49	70 AND OVER
20-29	50-59	

**RUNNER AWARDS: \$100.00 CASH AWARDS FOR 1ST PLACE OVERALL (M/F)
\$ 50.00 CASH AWARDS FOR 1ST PLACE 40 AND OVER (M/F)
AGE BRACKET AWARDS FOR 1ST, 2ND AND 3RD PLACE (M/F)**

COURSE: THIS SCENIC, FLAT 5-MILE ROUTE STARTS AT CADIGAN PARK; TURN LEFT ON CANDLEWOOD LAKE ROAD; TURN RIGHT ON CANDLEWOOD SHORES ROAD; TURN RIGHT ON N. LAKESHORE DRIVE; TURN LEFT ON TWILIGHT LANE; TURN RIGHT ON CANDLEWOOD SHORES ROAD; TURN LEFT ON BAYVIEW DRIVE; TURN LEFT ON KELLOGG STREET; TURNAROUND AT HICKORY HILL ROAD STAYING ON KELLOGG STREET; TURN RIGHT ON BAYVIEW DRIVE; TURN LEFT ON CANDLEWOOD SHORES ROAD; TURN RIGHT ON N. LAKESHORE DRIVE; TURN LEFT ON CANDLEWOOD SHORES ROAD; TURN LEFT ON CANDLEWOOD LAKE ROAD; TURN RIGHT INTO CADIGAN PARK TO FINISH. MILE MARKERS AND WATER STATIONS ON THE COURSE. THE 3-MILE WALK COURSE FOLLOWS A PORTION OF THE 5-MILE RUN COURSE, AND WILL BE MARKED.

DIRECTIONS: TAKE I-84 TO EXIT 7 (TOWARD BROOKFIELD/NEW MILFORD); TAKE EXIT 11 (FEDERAL ROAD); AT TRAFFIC LIGHT AT BOTTOM OF EXIT, TURN LEFT; PROCEED STRAIGHT THROUGH 2 SETS OF TRAFFIC LIGHTS, ONTO CANDLEWOOD LAKE ROAD; FOLLOW CANDLEWOOD LAKE ROAD FOR @ 3.5 MILES; CADIGAN PARK IS ON THE RIGHT.

PRINT ALL REQUIRED INFORMATION CLEARLY!!

REGISTRATION FORM

ALL PROCEEDS FROM THIS EVENT WILL BE DONATED TO THE FAIRFIELD COUNTY CHAPTER OF JDRF AND TO THE CONNECTICUT LIONS EYE RESEARCH FOUNDATION, EACH OF WHICH IS A 501C (3) CHARITABLE ORGANIZATION.

MAKE ALL CHECKS PAYABLE TO: "BROOKFIELD LIONS CHARITIES, INC."

(FOR RUN ONLY - \$20.00 BEFORE 06/01/13; \$25.00 AFTER 06/01/13)

NOTE: THERE IS NO REGISTRATION FEE FOR WALKERS; ALL CHECKS RECEIVED AS DONATIONS FOR WALKERS SHOULD BE MADE PAYABLE TO "BROOKFIELD LIONS CHARITIES, INC." AND TURNED IN AT REGISTRATION.

MAIL FEE WITH COMPLETED AND SIGNED ENTRY FORM TO: RACE DIRECTOR, BROOKFIELD LIONS CLUB
P. O. Box 660
BROOKFIELD, CT 06804

THIS EVENT IS HELD IN COOPERATION WITH THE TOWN OF BROOKFIELD AND THE BROOKFIELD POLICE DEPARTMENT. IF MY ENTRY IS ACCEPTED, I RELEASE FOREVER ALL RIGHTS FOR CLAIMS AND DAMAGES I MAY INCUR AGAINST THE BROOKFIELD LIONS CLUB, INC. (AND ANY OF ITS MEMBERS), BROOKFIELD LIONS CHARITIES, INC., THE TOWN OF BROOKFIELD AND ANY OF ITS EMPLOYEES, JDRF, THE CANDLEWOOD SHORES TAX DISTRICT AND GREYSTONE ELECTRONICS CORPORATION FOR DAMAGES SUFFERED BY ME OR OTHERS TRAVELING TO AND FROM AND/OR PARTICIPATING IN THE STRIDES TO CURE DIABETES 5-MILE RUN AND 3-MILE WALK. PERMISSION IS GRANTED TO USE MY NAME, PICTURE, OR VIDEOTAPE OR RECORDING FOR ANY PURPOSE. I AM PHYSICALLY FIT AND HAVE TRAINED TO FINISH THIS DISTANCE.

I AM REGISTERING FOR: 5-MILE RUN ___ ; 3-MILE WALK ___ (WALKER TEAM NAME _____)

EMAIL ADDRESS: _____

NAME: _____ DATE OF BIRTH: _____ AGE ON RACE DAY: _____

STREET ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

TELEPHONE NUMBER: _____ SEX: ___ M ___ F SHIRT SIZE (S, M, L OR XL): _____

SIGNATURE: _____ DATE: _____ AMOUNT ENCLOSED: _____
(OF PARENT OR LEGAL GUARDIAN IF UNDER 18)

(DETACH HERE)

THE 7TH ANNUAL BROOKFIELD LIONS – JDRF STRIDES TO CURE DIABETES 5-MILE RUN IS THE THIRD EVENT IN THE "FOUR SEASONS CHALLENGE SERIES." THE ENTIRE 2013 RACE CALENDAR INCLUDES:

- JANUARY 1, 2013 26TH ANNUAL NEW YEAR'S DAY BROOKFIELD LIONS RUN FOR SIGHT 4-MILER
BROOKFIELD HIGH SCHOOL, LONG MEADOW HILL ROAD, BROOKFIELD, CT
11:00 A.M. START
CONTACT: MARK LYON – (203) 775-6190 OR LYONPRIDE@CHARTER.NET
- MAY 12, 2013 16TH ANNUAL MOTHER'S DAY 5-K
BROOKFIELD HIGH SCHOOL, LONG MEADOW HILL ROAD, BROOKFIELD, CT
9:00 A.M. START (KID'S FUN RUN AT 8:30 A.M.)
CONTACT: BROOKFIELD PARKS & RECREATION – (203) 775-7310 OR
WWW.BROOKFIELDCT.GOV/REC
- JUNE 9, 2013 7TH ANNUAL BROOKFIELD LIONS – JDRF STRIDES TO CURE DIABETES 5-MILE RUN
AND 3-MILE WALK
CERTIFIED COURSE: USATF CT09003JHP
CADIGAN PARK, CANDLEWOOD LAKE ROAD, BROOKFIELD, CT
9:00 A.M. START
CONTACT: MARK LYON – (203) 775-6190 OR LYONPRIDE@CHARTER.NET
- OCTOBER 27, 2013 22ND ANNUAL BROOKFIELD FAMILY CHIROPRACTIC 5-K HALLOWEEN RUN
AND 18TH ANNUAL KID'S K FUN RUN
CERTIFIED COURSE: USATF CT06013JHP
BROOKFIELD MUNICIPAL CENTER, POCONO ROAD, BROOKFIELD, CT
10:00 A.M. START (KID'S K FUN RUN AT 9:30 A.M.)
CONTACT: BROOKFIELD PARKS & RECREATION – (203) 775-7310 OR
WWW.BROOKFIELDCT.GOV/REC

RUNNERS WHO REGISTER FOR AND COMPLETE ALL FOUR RACES IN THE "FOUR SEASONS CHALLENGE SERIES" WILL RECEIVE A COMMEMORATIVE GIFT, TO BE DISTRIBUTED DURING THE AWARDS CEREMONY AT THE 2013 HALLOWEEN RUN.