20th Annual Deep River 5K Run/Walk & 1 Mile Fun Run

Deep River Parks and Recreation



Deep River Parks and Recreation Presents the 20TH ANNUAL



5K Run/Walk And

1 Mile Fun Run

Rain or Shine

Saturday **September 20, 2014**

Chip timed by Greystone Electronics, featuring BibTag technology

USATF Certified Race!

5 K Run/Walk Age Divisions

< 14

14-18

19-29

30-39

40-49

50-59

60 - 69

70-79

80 +

Become a Sponsor

Local businesses, you may sponsor the Deep River 5K in the following ways:

- Put your name or logo on the Race t-shirt.
- Provide goods/services for our raffle.
- Donate snacks and/or water.
- Sponsor a team of runners or walkers to represent your business on race day.
- Volunteer to help on race day.

Call Deep River Parks and Recreation @ 860-526-6036 or email parkandrec@deepriverct.us for more information

www.deepriverct.us



For Fun Run- All kids <14 receive a Finisher's Medal.

USATF Certified Race!

Trophies awarded to top three finishers both male and female in all age divisions. Also trophy given to best overall time both male and female.

Registration:

Before September 14, 2014 Registration fee: \$17.00 Group Registration: \$12.00 (6 or more)

After September 14, 2014 Registration fee: \$20.00 Group Registration fee: \$15.00 (6 or more)

1 Mile Fun Run Fee: \$5.00

Race Day Registration: 7:00-8:00 am at Devitt Field

START TIME

1 Mile Fun Run | 5K Run/Walk

8:30 am

9:00 am

For more information call or email the Parks and Recreation office @ 860-526-6036 or parkandrec@deepriverct.us

Directions to Devitt Field

From Hartford

91 S to Rte. 9S. Exit 4. Left onto Rte. 154N. Devitt Field is 1 mile on the right.

From New Haven

95 N to exit 69, Rte. 9N. Exit 4. Left onto Rte.154 N. Devitt Field is 1 mile on the right.

From Rhode Island

95 S to exit 69, Rte. 9N. Exit 4. Left onto Rte.154 N. Devitt Field is 1 mile on the right.

Race Route:

Begin at Devitt Field at Southworth and Belmont, take right onto Main Street, right onto Kirtland St. (@Ivory Restaurant). Proceed on Kirtland towards the river, road turns into River St. River St crosses main street and turns into Elm St. Take left onto Union St @ firehouse. At blinking light, proceed slight left back to Southworth @Devitt Field. Finish line at bottom of hill, left through gate at 'B' field

to finish line near goal post. ridge Deep River Fountain Hill Essex St

c/o Deep River Parks and Recreation Please make checks payable to: DEEP RIVER PARKS AND REC. Deep River, CT 06417 174 Main

For Fun Run Participants:

80

70-79

20-29 69-69

40-49

30-39

19-29

<14 14-18

(Circle one of the following)

5K Runner Age:

1 Mile Fun Run

Event:

Last Name/First Name

Sex: Male or Female

Return this portion of form with payment

Please print clearly

Registration and Waiver Form

T-Shirt Size:

Add \$7.00 if you wish to purchase a t-shirt. Please indicate the size to the left. All sizes are adult.

State

Email address

Zip

I, the undersigned, release the race organizers, host town and sponsors from any and all claims that may occur as a result of my

participation in this event. I am physically fit and have sufficiently trained in order to compete in this event.

